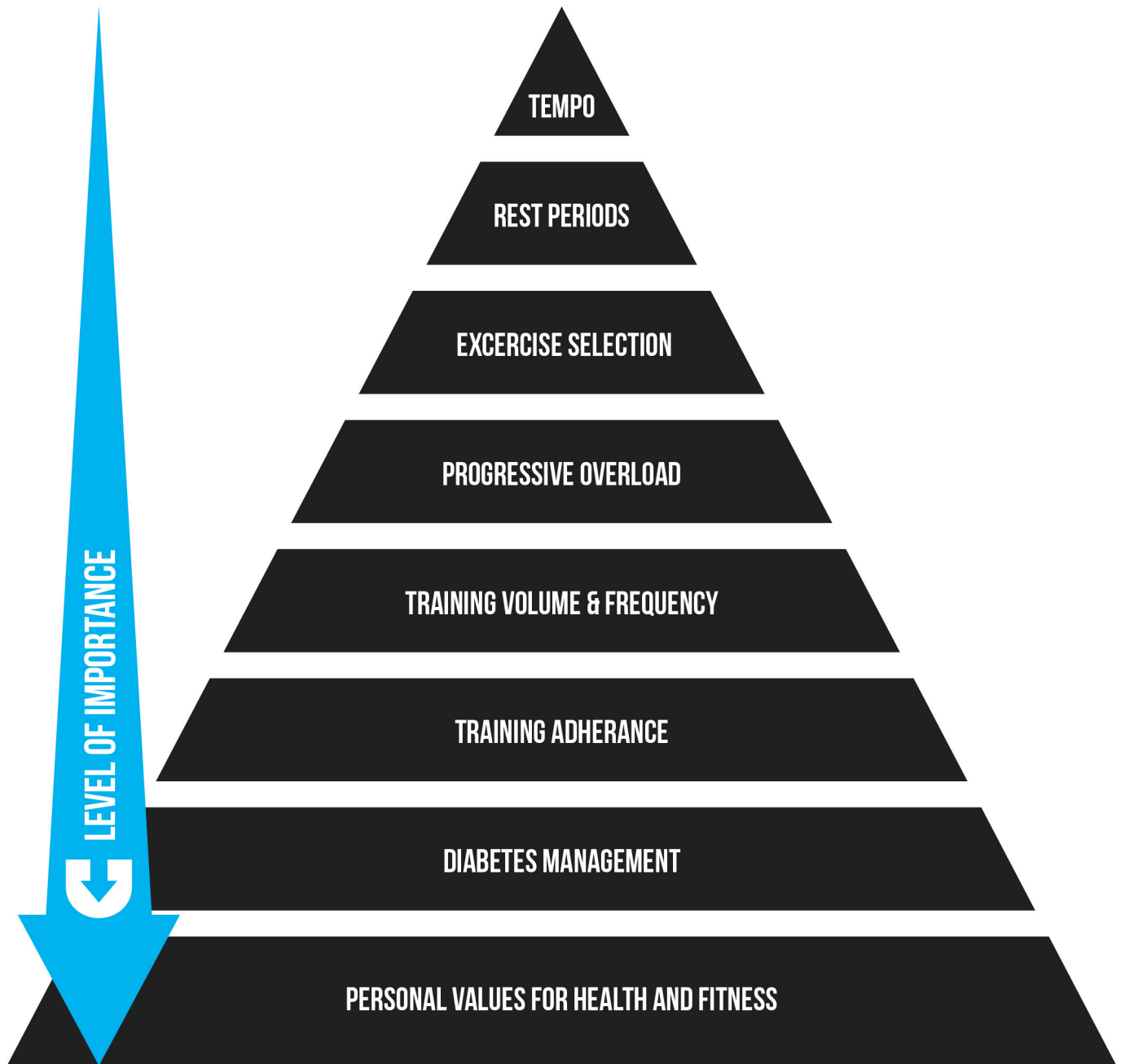


DIABETIC MUSCLE & FITNESS



CONSIDER ALL THESE FACTORS IN THEIR RESPECTED ORDER OF IMPORTANCE WHEN SETTING UP A MUSCLE BUIDLING TRAINING PLAN.