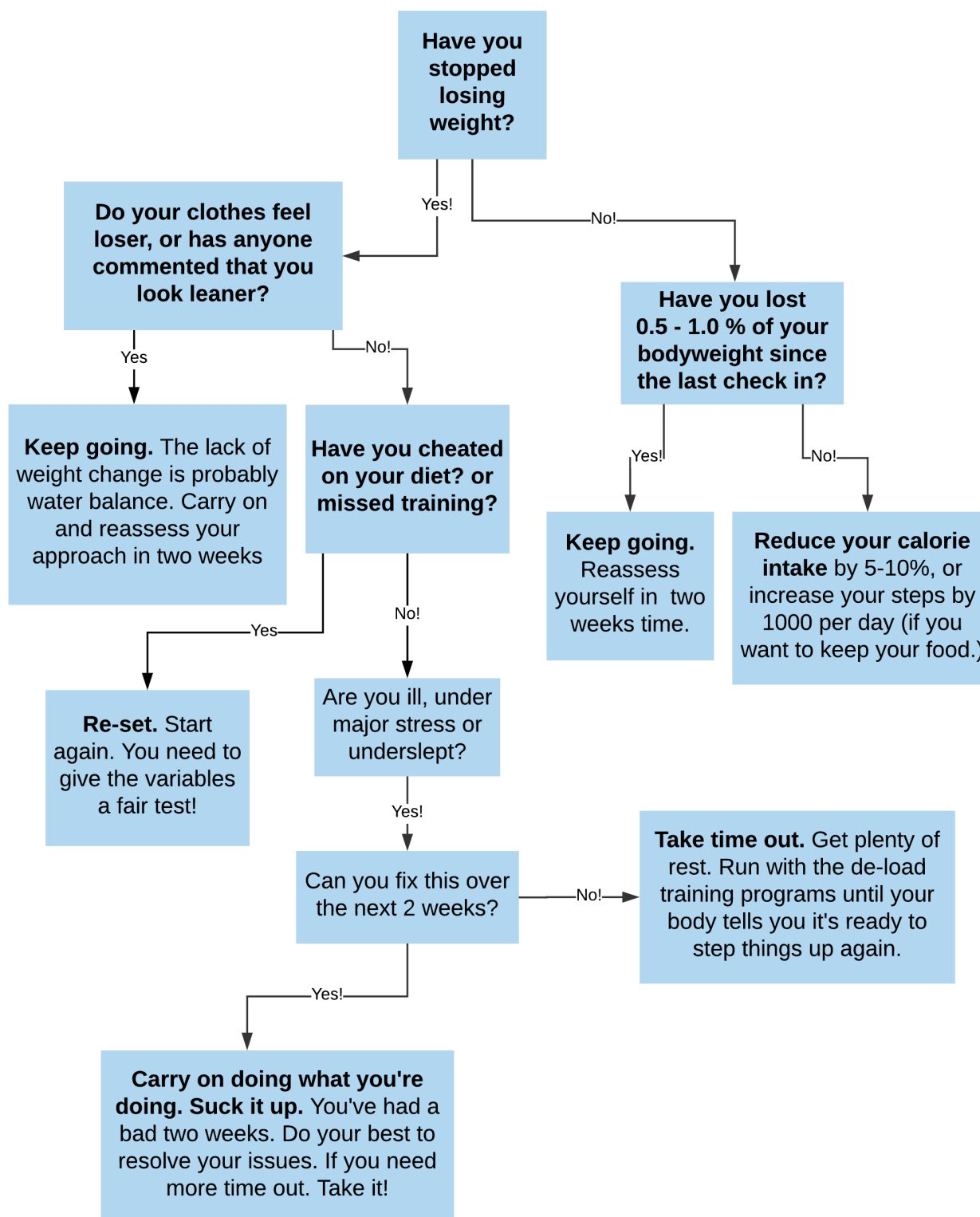




Use this decision tree to determine a clear plan of action for shredding body fat. To get the most out of this tool use it every 7-14 days.